



Title: This Is the Sunflower

Author: Lola M. Schaefer

Illustrator: Donald Crews

Age Range: 4-7

Topics/Themes: sunflower, life cycle

See video of this book read aloud here: [This is the Sunflower](#)

I. COMPONENTS OF BOOK (REVIEW EACH SESSION)

- Author, Illustrator (roles of each)
- Title; front and back covers; spine

II. INTRODUCTION (PREP QUESTIONS)

- a. Use the cover to predict what the story is about.
  - What is on the cover? What do we know about these things?
  - Why do you think they are called sunflowers?

III. INTEGRATIVE STRATEGIES

a. DURING READING:

- What do you notice about the words in the story? (rhyming) builds on itself have students recite the words with you as they become familiar
- Do you notice anything about how these words are written? Why do you think the illustrator made them like this?
- Do you think this book is fiction or non-fiction? What makes you say that?

b. POST READING:

- Conduct a picture walk with the students, recalling what happened in the story.
- Have you ever eaten sunflower seeds before? Did you know they came from a flower?
- How do you eat the seeds? How is that different from how the birds eat the seeds?
- Show students the last page in the book with the birds and their names.
- What helped the sunflower seeds grow?
- How do the birds help the seed grow?
- Did you know flowers grow from seeds you eat? Can you think of any other seeds you eat?
- How do you eat the seeds? How is that different from how the birds eat the seeds?
- Show students the last [age in the book with the birds and their names.
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IV. SUPPLEMENTAL ACTIVITY

Have some examples - pictures on tablet or actual - of seeds we eat (lima bean, peanut, walnut, flower seeds, corn, etc...) Examine them. How are they the same? How are they different?